

# Basic Occupational Safety and Health (BOSH)

## Objectives

Upon completion of the course, the participant is expected of becoming a;

- AN EFFECTIVE AND RESPONSIBLE WORKER in performing roles and responsibilities on identifying hazards and analyzing its cause and effect to human and environment.
- A REFLECTIVE LIFE-LONG LEARNER has a capacity to investigate, assess and identify scientific solution to these hazards based on the OSH standards.
- A CRITICAL AND CREATIVE THINKER with regards to understanding of safety standards in a workplace.
- SERVICE-DRIVEN CITIZEN that prioritizes a zero-accident performance in his everyday life by continuous learning and keep promoting to every one of what he learns on safety and health management system.

## Course Outline (4 days)

### DAY 1

- OSH SITUATION AND OVERVIEW
- OSH LEGISLATION INCLUDING RA 11058
- BASIC ACCIDENT CAUSATION THEORIES
- UNSAFE ACT/ UNSAFE CONDITION WORKSHOP
- ACCIDENT INVESTIGATION
- FIRE SAFETY / SUMMARY

### DAY 2

- ACCIDENT INVESTIGATION
- EMPLOYEE COMPENSATION PROGRAM
- OCCUPATIONAL HEALTH HAZARD AND THEIR III EFFECTS
- PPE: PRINCIPLES AND APPLICATION
- INDUSTRIAL HYGIENE / HOUSE KEEPING
- JOB HAZARD ANALYSIS/SUMMARY

### DAY 3

- CONTROL MEASURES /MACHINE SAFETY
- ELECTRICAL SAFETY AND LOTO
- MATERIAL HANDLING AND STORAGE
- OSH PROGRAMMING
- ROLES OF SAFETY OFFICER AND SUPERVISORS
- HAND TOOLS SAFETY / SUMMARY



### DAY 4

- PLANT VISIT
- PRESENTATION OF INSPECTION REPORT
- EMERGENCY PREPAREDNESS
- PERSONAL AND GROUP COMMUNICATION SAFETY
- HUMAN ELEMENTS IN SAFETY
- BEHAVIOR MOTIVATION
- RE-ENTRY PLAN/TRAINING EVALUATION POST

## Who should attend?

- Safety Officers in all Manufacturing Industry, Healthcare, Hotels, Security and Resort

## Fee

- **Php 24,000.00 + 12% Vat** for the Training Center at The City Club Alphaland, Makati City
- **Php 16,000.00 + 12% Vat** for E-Learning

### Note:

*Early Registration Payment: Ten-Percent (10%) Discount if PAID thirty (30) days before the training date*

*Group Discount: Five-Percent (5%) on Three (3) or More Participants*

## Lecturer

**Christine M. Francisco**

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## Contact us

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